10 THINGS

Caregivers can do right now for Black Lives Matter

1. Get crayons that have a beautiful wide range of skin colors.

2. Diversify your shelf! Do a count of all your picture books with Black protagonists. How many do you have? Check out THESE recs & THIS list for something new.

3. Color and learn about the BLM movement with the Black Lives Matter Coloring Book.
Use the actual words such as “racism” rather than euphemisms. A great book to explore is, A Kid’s Book About Racism by Jeloni Memory. The author reads his book aloud HERE.

Learn about Black folks who have contributed in all kinds of ways HERE.

Read and take action by going through THIS article.
Make the conversation about anti-Black racism intergenerational and consider utilizing **THIS** resource of Open Letters to Our Families, which are translated in various Asian languages.

Unpack your own anti-Black racism as an Asian American. Watch **THIS** video of Hmong American activists break it down. If you are pressed for time, start at minute 50.

Learn about Black Abolitionists fighting for freedom in the U.S. long before our ancestors came to this country. **THIS** link could be more for caregivers or teens who are history buffs.

Black and Asian lives and narratives matter, too. Watch and learn from these artists **HERE**.